**Saturday, September 4, 2021**

**Cambridge Farmers' Market**

Date and Time: Saturday, September 4 07:00 a.m. - 1:00 p.m.

Address: 40 Dickson Street, Cambridge, ON

A farmers’ market is a place of:

- Excitement and anticipation around food
- A centre of commerce and socializing
- A venue for combining old with new
- A place for new ideas to be explored

We encourage you to take part in this tradition as a shopper or entrepreneur; everyone is welcome at the market.

Ask yourself a few simple questions….

- Do you have a favourite food?
- Is there a food you don’t like?
- Do you have a comfort food that gives you a warm fuzzy or good memory?
- Do you have a friend or colleague that has introduced you to a food you had never tried before?

My hope is that you answered, “Yes,” to all of the above questions, and that’s what we love about food: It is a common bond we all share, a single thread that when talked about, brings to mind all sorts of stories and experiences that we can share.

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The Cambridge Farmers’ Market (CFM) is our community food hub. It is where residents gather to talk about food and community happenings. It’s where awareness is built and the beginnings of change takes place.

The CFM dates back to the 1830s with the current market building holding its seat on Dickson Street since 1887. The presence of the market in conjunction with other civic structures, the Town Halls, is an English tradition that is as relevant today as it was when the market was built.

The CFM building’s continued use as a market is unique in Ontario. While other markets either remain outdoors only or have had their original buildings converted for other uses, the CFM has continued to flourish in its original location in its original building for its original intended use and this should be celebrated.

As you explore the market, the sweet and spicy aromas of hot prepared foods and snacks will tempt you, along with an extensive selection of cheeses, chutneys, pies, confections, specialty oils, preserves, and seasonal fruits and vegetables.

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**Digital Doors Open – Video episodes reveal fascinating local stories**

Date and Time: Saturday, September 4 10:00 a.m. - 12:00 p.m.
Episodes launching weekly: Saturday, September 4 – Saturday, September 18

The Region of Waterloo’s 19th annual Doors Open event continues as an entirely virtual experience to deliver fascinating stories with unprecedented access to some of the region’s most interesting sites starting September 4, 2021.

Digital Doors Open Waterloo Region provides meaningful, quality experiences delivered through video storytelling, in celebration of the region’s diverse community, culture, heritage and architecture.

Since its inception in 2003, Doors Open Waterloo Region has welcomed 160,000 visitors to 315 interesting places and heritage sites — many of which are not normally open to the public. At the outset of the pandemic in 2020, the program pivoted to a digital experience. Optimizing the opportunity to go even deeper behind the scenes, the episodes presented stories and places not accessible in the traditional Doors Open format, including its two most popular episodes about Shand Dam and Parkview Crematorium.

“Doors Open is a staple program within the Region because it resonates with residents. It showcases the beauty and heritage which is abundantly available here,” said Doors Open Waterloo Region co-organizer Scott McNair. “This season, our episodes will spotlight diverse and fascinating sites with stories about the history and innovation of Waterloo Region.”

Each video episode is five to 10 minutes long and will debut online and on Rogers Television.

Episodes will be released on the Region of Waterloo’s YouTube Channel each Saturday in September leading up to the traditional Doors Open date, the third Saturday in September (Sept. 18) when the remaining episodes will launch.

The Digital Doors Open experience will include online activities suitable for families. Join our mailing list to receive information about exclusive prizes and for the full list of participating sites. Sign up at www.regionofwaterloo.ca/DoorsOpen.

Monday, September 6, 2021

**Soper Last Splash**

Date and Time: Monday, September 6 01:00 p.m. - 3:00 p.m.

Address: 41 Marion Way, Cambridge, ON

Join the City of Cambridge for the Soper ‘Last Splash’ on Monday, Sept. 6, from 1-3 p.m. The free community event will feature an afternoon of games, giveaways and music to send Kinsmen Soper Park Pool out with a final splash before it closes permanently in October 2021.

Pre-registration will not be required for the Last Splash event however capacity limits will be in place and a COVID-19 screening will be required before entry. Swim time limits may be required depending on attendance.
**Cambridge Farmers' Market**

Date and Time: Saturday, September 11 07:00 a.m. - 1:00 p.m.

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**Digital Doors Open – Video episodes reveal fascinating local stories**

Date and Time: Saturday, September 11 10:00 a.m. - 12:00 p.m.

Address: Virtual

Episodes launching weekly: Saturday, September 4 – Saturday, September 18

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Friday, September 17, 2021

Freedom Vendors Event

Date and Time: Friday, September 17 04:00 p.m. - 8:00 p.m.

Address: Riverside Park, 49 King St W Cambridge, ON Riverside Park, 49 King St W Cambridge, ON

We're free to have an outdoor event, shop and have some fun again! With over 50 vendors, there will be a huge selection to shop from! Enjoy the many food trucks and kids area too, featuring Lazer Tag on Saturday September 18th only from noon til 6pm, free! Covid guidelines including masks worn and social distancing will be in practice.

Saturday, September 18, 2021

Cambridge Farmers' Market

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Sunday, September 19, 2021

2021 Cambridge Terry Fox Run

Date and Time: Sunday, September 19 12:00 a.m. - 11:55 p.m.
Address: City Of Cambridge City Of Cambridge

2021 Cambridge Terry Fox Run

A virtual Terry Fox Run: One Day. Your Way. We will unite in spirit, not in person!

WHERE: Wherever you are! Around your neighbourhood, backyard, down the street, or around the block.
HOW: Register as an individual, family or a virtual team and start your fundraising today: www.terryfox.ca/terryfoxruncambridge

WHY: Because cancer research can’t wait for COVID-19 to be over. Because Terry asked us to try!
Hike & Bike for Hospice Waterloo region

Date and Time: Sunday, September 19 09:00 a.m. - 6:00 p.m.
Address: 100 Solstice Way. Waterloo ON N2K 0G3

Participate virtually in your own space from August 23 to September 19, 2021 or join us for the timed departure hike and bike on Sunday 21, 2021.

Freedom Vendors Event

Date and Time: Sunday, September 19 12:00 p.m. - 6:00 p.m.
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Saturday, September 25, 2021

Cambridge Farmers’ Market

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