



## Friday, May 2, 2025

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### THE MUSIC MAN - presented by Community on Stage

Date and Time: Friday, May 2 7:30 pm - 10:30 pm

Address: Cambridge Arts Theatre - 47 Water Street South, Cambridge ON

Community on Stage is excited to present Meredith Wilson's **The Music Man** in Cambridge this May.

When: May 2, 3, 8, 9 & 10 at 7:30PM and May 3, 4 & 10 at 1:30PM

Where: Cambridge Arts Theatre @ 47 Water Street, Cambridge ON

Price: \$35 for Adults \$30 for Seniors

## Saturday, May 3, 2025

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### Healthy Heart Day 25

Date and Time: Saturday, May 3 9:00 am - 12:00 pm

Address: [www.cardiaccarecentre.com/healthyheartday](http://www.cardiaccarecentre.com/healthyheartday)

♥ Healthy Heart Day 2025 ♥

Join us on May 3, 2025 9am, for a FREE event focused on heart health, wellness, and longevity!

Expert speakers

Health screenings

Wellness activities

Community connections

Register online today! [HealthyHeartDay@rogers.com](mailto:HealthyHeartDay@rogers.com). Don't miss out on this opportunity to learn how to take better care of your heart. [www.cambridgecardiaccare.com/healthyheartday](http://www.cambridgecardiaccare.com/healthyheartday) to livestream.

#HealthyHeartDay #HeartHealth #Wellness #CambridgeCardiacCare #OHT #BlueZones #LiveLonger #HealthyLiving

## Flames of Change - How Galt Burnt and Rose from the Ashes

Date and Time: Saturday, May 3 9:30 am - 2:00 pm

Address: 56 Dickson Street, Civic Square, Old Post Office Library

Fire Hall Museum & Education Centre is holding a free family event. It is being run in conjunction with the kick off of Emergency Preparedness Week in Cambridge which will see Civic Square filled with fire trucks, antique fire engines, police cars and ambulances and an inflatable hazard house. The Fire Hall Museum is also staging a photo exhibit at the Old Post Office library and additional photos will be on display in our courtyard. There are also two Janes Walks at 10:30 and 11:30 am from the Old Post Office Library to the Museum which will showcase the changes that have made the Galt core into what we see today.

In addition there will be a variety of exhibits by local history groups in the Bowman Room at City Hall as well as hands on Virtual Reality lessons in the proper use of a fire extinguisher. For more information visit [www.firehallmuseum.ca](http://www.firehallmuseum.ca)

## THE MUSIC MAN - presented by Community on Stage

Date and Time: Saturday, May 3 1:30 pm - 4:30 pm

Address: Cambridge Arts Theatre - 47 Water Street South, Cambridge ON

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Price: \$35 for Adults \$30 for Seniors

# Sunday, May 4, 2025

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## THE MUSIC MAN - presented by Community on Stage

Date and Time: Sunday, May 4 1:30 pm - 4:30 pm

Address: Cambridge Arts Theatre - 47 Water Street South, Cambridge ON

Community on Stage is excited to present Meredith Wilson's **The Music Man** in Cambridge this May.

When: May 2, 3, 8, 9 & 10 at 7:30PM and May 3, 4 & 10 at 1:30PM

Where: Cambridge Arts Theatre @ 47 Water Street, Cambridge ON

Price: \$35 for Adults \$30 for Seniors

## Concert - Cambridge Concert Band

Date and Time: Sunday, May 4 2:30 pm - 4:30 pm

Address: Royal Canadian Legion Preston Branch 334 Westminster Dr, Cambridge

May the 4th be with you

Cambridge Concert Band presents music from Star Wars, Star Trek, The Planets, 2001: A Space Odyssey and other space inspired music

2.30 pm at Royal Preston Legion, 334 Westminster Dr, Cambridge

Pay What You Can, intermission and cash bar. Proceeds to Cambridge Foodbank

CAMBRIDGE  
CONCERT  
BAND



PRESENTS

## May the 4th be with you

Music from Star Wars, Star Trek, The Planets, 2001:A Space  
Odyssey and space inspired pieces We are Stars, Stardust and  
Haunted Objects



Also featuring the CCB Big  
Band!

Sunday, May 4, 2025

2:30 PM

Preston Legion

334 Westminister Drive, Cambridge

PAY WHAT YOU CAN

Intermission and Cash Bar

Supported by:

Proceeds to the Cambridge Food Bank



## Monday, May 5, 2025

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### NFB Movie Screening: 7 Beats Per Minute (2024)

Date and Time: Monday, May 5 6:00 pm - 7:45 pm

Address: Cambridge Public Library, Preston

View an award-winning cinematic feature film presented by the NFB.

Yuqi Kang  
2024 | 1 h 40 min  
Documentary  
English and Mandarin with English subtitles

In the world of competitive freediving, Jessea Lu (Lu Wenjie) is a legendary figure. The Chinese freediving champion came late to the sport, vaulting into the top tier of talent with remarkable ability and a compulsive drive to challenge her limitations.

During a world-record attempt in 2018, Jessea blacked out and was lifeless for four minutes.

As the boundaries between award-winning director Yuqi Kang and her subject grow more fluid, the two return to the site of Jessea's near-death experience to face the traumas of her past and find a way back to light, air and, ultimately, connection. *7 Beats Per Minute* parallels Jessea's physical and mental journey back from the depths, with intimate cinéma vérité camerawork, astonishing underwater imagery and raw personal interviews.

This program is offered as part of the **NFB in Libraries** program. The film was generously provided for this event by the [National Film Board of Canada \(NFB\)](#).

We encourage you to register for this event. However, limited seating may be available at the door on a first-come, first-served basis.

## Thursday, May 8, 2025

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### THE MUSIC MAN - presented by Community on Stage

Date and Time: Thursday, May 8 7:30 pm - 10:30 pm

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When: May 2, 3, 8, 9 & 10 at 7:30PM and May 3, 4 & 10 at 1:30PM

Where: Cambridge Arts Theatre @ 47 Water Street, Cambridge ON

Price: \$35 for Adults \$30 for Seniors

## Friday, May 9, 2025

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### Presence: Roma XLV

Date and Time: Friday, May 9 7:00 pm - 10:00 pm

Address: 58 Grand Ave S Suite 201, Cambridge, ON

The University of Waterloo School of Architecture (UWSA) is proud to reaffirm our long-standing *Presence* in Rome with an exhibition of design projects, sketches, photographs, and videos contributed by the class of 2025 during the Rome Program.

The material, serving as both a commentary and a criticism of the Italian built landscape, conveys the lasting impact of our 3-month stay in Rome during a pivotal moment in our degree. Since 1979, the Rome Program has been an integral part of the bachelor's degree at UWSA, exposing students to a new approach to architecture and architectural pedagogy.

Condensing three months of work and twenty-eight centuries of architectural history into a time capsule of our observations, this showcase is only made possible by UWSA, the Gaslight District and Fabrik Architects for lending us their space, the broader Cambridge community, alumni, and students of the class of 2025.

We are delighted to welcome you to view our Fall 2024 material in celebration of the 45th year of a continued legacy.

## Presence: Roma XLV

Date and Time: Friday, May 9 7:00 pm - 10:00 pm

Address: 58 Grand Ave S Suite 201, Cambridge, ON

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## THE MUSIC MAN - presented by Community on Stage

Date and Time: Friday, May 9 7:30 pm - 10:30 pm

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When: May 2, 3, 8, 9 & 10 at 7:30PM and May 3, 4 & 10 at 1:30PM

Where: Cambridge Arts Theatre @ 47 Water Street, Cambridge ON

Price: \$35 for Adults \$30 for Seniors



# Saturday, May 10, 2025

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## rare Plant Sale and EcoMarket 2025

Date and Time: Saturday, May 10 8:00 am - 12:00 pm

Address: rare Slit Barn and ECO Centre

On **Saturday, May 10, from 8 a.m. to 12 p.m.**, join us at *rare's* Slit Barn at 768 Blair Road for our annual **Spring Plant Sale & EcoMarket!**

Choose from a diverse array of seedlings: hot peppers, sweet peppers, tomatoes, eggplants, cucumbers, squash, all kinds of herbs, leafy greens, beneficial flowers and native pollinators that have been grown by Springbank Food Bank staff and volunteers to fundraise for *rare!*

All proceeds raised by the **Spring Plant Sale** will support the Food Bank Gardens at Springbank Farm, ensuring the growth of healthy, fresh, organic produce for those in need in our community.

You can shop the **EcoMarket** underneath the big tent outside the Slit Barn which will be hosting a dozen local artisans, eco-friendly small businesses, and socially conscious community groups whose gifts can be added to your gardens and homes. This event takes place rain or shine.

## Presence: Roma XLV

Date and Time: Saturday, May 10 11:00 am - 8:00 pm

Address: 58 Grand Ave S Suite 201, Cambridge, ON

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Where: Cambridge Arts Theatre @ 47 Water Street, Cambridge ON

Price: \$35 for Adults \$30 for Seniors

## **Sunday, May 11, 2025**

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### **Presence: Roma XLV**

Date and Time: Sunday, May 11 11:00 am - 8:00 pm

Address: 58 Grand Ave S Suite 201, Cambridge, ON

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## **Monday, May 12, 2025**

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## Presence: Roma XLV

Date and Time: Monday, May 12 1:00 pm - 7:00 pm

Address: 58 Grand Ave S Suite 201, Cambridge, ON

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## Tuesday, May 13, 2025

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## Presence: Roma XLV

Date and Time: Tuesday, May 13 1:00 pm - 7:00 pm

Address: 58 Grand Ave S Suite 201, Cambridge, ON

The University of Waterloo School of Architecture (UWSA) is proud to reaffirm our long-standing *Presence* in Rome with an exhibition of design projects, sketches, photographs, and videos contributed by the class of 2025 during the Rome Program.

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## Mother's Day Music Jam

Date and Time: Tuesday, May 13 2:00 pm - 4:00 pm

Address: 31 Kribs St , Cambridge

Happy Mother's Day!

On Tuesday May 13th from 2:00 PM-4:00 PM, the Ted Wake 50+ Centre will be celebrating Mother's Day at the Ted Wake Centre with homemade desserts. Enjoy a social afternoon with old and new friends as you sing your heart out with the music jam guitar players and musicians.

Please register by Friday, May 9th.

Ted Wake Centre Fee: \$8.00

At the Johnson Centre – 31 Kribs St

Info: 519-740-4681 ext. 4460 and Recreation and Programs - 50+ - City of Cambridge

## Thursday, May 15, 2025

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### Arts and Culture Advisory Committee Meeting

Date and Time: Thursday, May 15 4:30 pm - 6:00 pm

Address: Cambridge City Hall - Secord Room on 2nd Floor

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Date and Time: Thursday, May 15 4:30 pm - 6:00 pm

Address: Cambridge City Hall - Secord Room on 2nd Floor

## Wednesday, May 21, 2025

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### High School Musical JR

Date and Time: Wednesday, May 21 7:00 pm - 8:30 pm

Address: Cambridge Arts Theatre, 47 Water Street South, Cambridge, ON

**We're all in this together in Disney Channel's smash hit musical phenomenon featuring the students of East High.**

Disney Channel's smash hit movie musical comes to life on your stage in *Disney's High School Musical JR*. Troy, Gabriella, and the students of East High must deal with issues of love, friends and family while balancing their classes and extracurricular activities.

It's the first day after winter break at East High. The Jocks, Brainiacs, Thespians, and Skater Dudes all find their cliques. Basketball team captain and resident jock, Troy, discovers that the brainy Gabriella, a girl he met singing karaoke on his ski trip, has just enrolled at East High. The couple cause an upheaval when they decide to audition for the high school musical. Although many students resent the threat posed to the "status quo," Troy and Gabriella's alliance might just open the door for others to shine as well.

Come enjoy this performance by our youth actors!

*actOUT! KW is a non-profit charity that promotes theatre to the children and youth of the Waterloo Region. All proceeds from our performances go directly back into our programs.*

## Thursday, May 22, 2025

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### Preston Secondary Plan- Community Conversations

Date and Time: Thursday, May 22 12:00 pm - 2:00 pm

Address: 637 King Street East (former RBC building)

What does the future of Preston look like to you? We're developing a Secondary Plan to guide growth and development in the community- from housing and infrastructure to parks and public spaces- we want your input. Please join us to learn about the project and share your thoughts.

### Mastering Contracts: Common Contracts in Business

Date and Time: Thursday, May 22 5:00 pm - 6:30 pm

Address: 50 Dickson Street

**PRE REGISTRATION REQUIRED:** [Mastering Contracts: Common Contracts in Business - Waterloo Region Small Business Centre](#)

In this legal fundamental seminar, you will learn about: The Importance of Contracts, Basic Elements of a Contract, The Formation of a Contract, Lease Agreements, Agreements of Purchase and Sale, Waivers, Supplier Agreements.

Our expert speaker Maxwell S. Shiffman will guide you through these topics with examples from his first-hand experience. This seminar will be presented in-person by Maxwell S. Shiffman at **Cambridge City Hall in Bowman Room 1st floor from 5:00PM – 6:30PM.**

*Visitors to Cambridge City Hall are required to check in with security when entering the building.*

### Preston Secondary Plan- Community Conversations

Date and Time: Thursday, May 22 6:30 pm - 8:30 pm

Address: 637 King Street East (former RBC building)

What does the future of Preston look like to you? We're developing a Secondary Plan to guide growth and deve

lopment in the community- from housing and infrastructure to parks and public spaces- we want your input. Please join us to learn about the project and share your thoughts.

## High School Musical JR

Date and Time: Thursday, May 22 7:00 pm - 8:30 pm

Address: Cambridge Arts Theatre, 47 Water Street South, Cambridge, ON

**We're all in this together in Disney Channel's smash hit musical phenomenon featuring the students of East High.**

Disney Channel's smash hit movie musical comes to life on your stage in *Disney's High School Musical JR*. Troy, Gabriella, and the students of East High must deal with issues of love, friends and family while balancing their classes and extracurricular activities.

It's the first day after winter break at East High. The Jocks, Brainiacs, Thespians, and Skater Dudes all find their cliques. Basketball team captain and resident jock, Troy, discovers that the brainy Gabriella, a girl he met singing karaoke on his ski trip, has just enrolled at East High. The couple cause an upheaval when they decide to audition for the high school musical. Although many students resent the threat posed to the "status quo," Troy and Gabriella's alliance might just open the door for others to shine as well.

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## Friday, May 23, 2025

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## High School Musical JR

Date and Time: Friday, May 23 7:00 pm - 8:30 pm

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## **Saturday, May 24, 2025**

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### **Public Works Open House**

Date and Time: Saturday, May 24 10:00 am - 2:00 pm

Address: 1310 Bishop Street, Cambridge

We're opening the doors to the Bishop Street Operations Centre on Saturday, May 24, 2025 as part of National Public Works Week, May 18 - 24.

This is your chance to get up close to the machines and equipment we use to keep our city running. Meet the staff that operate them in order to maintain our roads, parks, and underground infrastructure.

### **Whisker Wonderland Cat Show**

Date and Time: Saturday, May 24 10:00 am - 4:00 pm

Address: Cambridge, Galt Arena, 98 Shade Street

**Please join Whisker Wonderland Cat Show in Cambridge!**

Saturday, May 24, Galt Arena, 98 Shade Street.

Hours: 10 am – 4 pm

FUN: Unique and extensive experience for all cat lovers!

Door Prizes! Amazing Bid Items!

Cat Bookmarks & Colouring Books for Kids! Best Cat of Spectators Choice!

EDUCATION: learn about more than 40 different domestic cat breeds! Household pets are accepted for competition as well.

SHOPPING: Vendors with hand made and unique cat toys,

Stained Glass cat images, Variety of Cat Food, Artwork, Painting and tattoo, and more!

### **High School Musical JR**

Date and Time: Saturday, May 24 1:00 pm - 2:30 pm

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## Tuesday, May 27, 2025

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### NFB Movie Screening: Unarchived (2022)

Date and Time: Tuesday, May 27 6:00 pm - 8:00 pm

Address: Cambridge Public Library, Old Post Office

View an award-winning cinematic feature film presented by the National Film Board of Canada.



Directors: Hayley Gray, Elad Tzadok  
2022 | 84 min  
Documentary  
English

“The past is never dead. It’s not even past.” – William Faulkner

In community archives across British Columbia, local knowledge keepers are hand-fashioning a more inclusive history through family photos, newspaper articles and scratchy old VHS tapes. These different collections tell stories of people building connection through work, play, protest, family and tradition. Through a collage of personal interviews, archival footage and deeply rooted memories, the past, present and future come together, fighting for a space where everyone is seen and everyone belongs. History is what we all make of it.

View excerpts of this award-winning film and find out more about it from the [National Film Board of Canada](#).

This program is offered as part of the **NFB in Libraries** program. The film was generously provided for this event by the [National Film Board of Canada \(NFB\)](#).

We encourage you to register for this event. However, limited seating may be available at the door on a first-come, first-served basis.

## Wednesday, May 28, 2025

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### Spotlight on Seniors Health and Info Event

Date and Time: Wednesday, May 28 3:00 pm - 6:00 pm

Address: 1500 Dunbar Rd, Cambridge

The 'Spotlight on Seniors Health and Info Event' is a FREE annual event focusing on providing information and connection with our local senior community members and their families. Come and enjoy 35+ vendors, giveaways, refreshments and door prizes!

## Thursday, May 29, 2025

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### Information Session for Older Adults

Date and Time: Thursday, May 29 9:30 am - 11:30 am

Address: Langs Hub, 1145 Concession Rd, Cambridge

As we age, it’s important to feel empowered and informed about our health, well-being, and future. This session will provide you with vital information on key topics including:

- Elder Abuse Prevention
- Health Care Decision-Making
- Hospice Services

- Navigating Grief and Loss

Topics presented by [Bereaved Families of Ontario](#), [Elder Abuse Prevention Council](#), [Elder Meditation Services](#) and [Hospice Waterloo Region](#).

This informational session is free to attend. A light breakfast will be provided.

**Register to attend by May 15!**

**For more info or to register, go to:**

[hospicewaterloo.ca/complete-calendar/](http://hospicewaterloo.ca/complete-calendar/)

## Kin Carnival

Date and Time: Thursday, May 29 5:00 pm - 9:00 pm

Address: Riverside Park



**Kin Canada**

**Kin Club of  
Cambridge (Preston)**

*Serving the Community's  
Greatest Needs...*

Returning to Riverside Park, the Kin Club of Cambridge (Preston) plays host to four days of family fun. Lots of games and prizes, rides and food. Make sure you stop in at the Kin Club booth for the best french fries!!

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**Friday, May 30, 2025**

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## PD Day Stay and Play

Date and Time: Friday, May 30 10:00 am - 4:00 pm

Address: All Cambridge Public Library locations

Join children and other caregivers while they explore stations throughout the children's area.

Drop in for fun! This program does not require registration.

## Kin Carnival

Date and Time: Friday, May 30 4:00 pm - 9:00 pm

Address: Riverside Park



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**Kin Club of  
Cambridge (Preston)**

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## Saturday, May 31, 2025

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## Kin Carnival

Date and Time: Saturday, May 31 9:00 am - 9:00 pm

Address: Riverside Park



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**Kin Club of  
Cambridge (Preston)**

*Serving the Community's  
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## **Cambridge Centre for the Arts Print Fair**

Date and Time: Saturday, May 31 9:00 am - 4:00 pm

Address: Cambridge Centre for the Arts - Multipurpose Room

Join us for the first annual Cambridge Centre for the arts Print Fair featuring local printmaking and photographic artists. Participate in our free printmaking workshop hosted by Riverside Print Group.

<https://calendar.cambridge.ca>